



Division "H"erald

The District 60 Toastmasters Division H Newsletter

Division H: *Having Fun, Helping People!*

In This Issue:

- Find out what's been happening around our new Division.
- Meeting and Division prep information.
- Meet the Area Governors and some of our Presidents.

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What the "H"? ... Awards & Happenings

☑ Exciting times at the District 60 Toastmasters Fall Conference, which took place this past November. Our own Division H Governor, Vicky Moskowicz, DTM, received not one, but two District-level awards: Club Sponsor of the Year, and Toastmaster of the Year, both for the 2010-2011 year. Vicky was very honoured, indeed blown away, by this recognition.

☑ Division H was well represented in the 2011-2012 Contests.

Winners for Humorous Speech: Adam Pham (Area 71), Alison Knibb (72),

Dexter Blackwood (73), Sumit Mehta (74), and Bill Deneault (75).

Winners for Table Topics: Magdalena Gronowska (Area 71), Cari Baycroft (72), Eziel Wraply (73), Todd Van Horne (74), Dennis Gregoris (75).

And the Division Winners were (*drum roll please*): Bill Deneault and Cari Baycroft! Competing at the District was Magdalena Gronowska, who placed second.

☑ Congratulations go to Celestica Toastmasters on winning the Smedley Membership Award for D60.



Vicky Moskowicz, DTM

Manulife Celebrates Its First DTM

Alfredo Lopez recently achieved his DTM, and he is the first member of Manulife Financial Toastmasters to do so!

In celebration, Manulife held a Viva Alfredo Day on October 18.

The guest of honour was serenaded by fellow Toastmaster Paul Gibson, including guitar and maracas, with a song written for him to the tune of ABBA's "Fernando". Alfredo and the club members in attendance

were regaled with stories of Alfredo's successes... they heard speeches from each of his Mentees, and he was given a giant poster of himself with handwritten messages from all his fellow members.

It was a wonderful and inspiring day and Manulife looks forward to many more!

Photos are provided at <http://goo.gl/6v10l>

- Thanks to Christine Clark, VPPR Manulife Financial Toastmasters



Alfredo Lopez, DTM

MidTown Stages Toronto Mayoral Debate

"Would the candidates show? Would there be an audience? Well, it turned out to be an emphatic yes."

In the closing weeks of the Toronto Mayoral Race a few members of the MidTown Toastmasters Club organized an all candidates debate.

It was held October 15, 2010 in the auditorium of Oakwood Collegiate (St Clair & Oakwood). Preparations included booking the location (a bureaucratic nightmare), and then arranging for sound equipment. While most of the equipment was brought by the technician, a run to Long & McQuade for mikes and mike stands was needed.

Invitations were extended by email to various local community groups who then spread the word. Dealing with the candidates' campaigns was also a nightmare, trying to get a night when

everyone was available at a time everyone could agree on. It took some finagling but they eventually got there.

Then came the night of nights... Would the candidates show? Would there be an audience? Well, it turned out to be an emphatic yes on both counts.

The three front runners that were left – Rob Ford, George Smitherman and Joe Pantalone – all showed up to face a large and engaged crowd (the people of St Clair take their politics seriously).

Richard Gonsalves was responsible for greeting the candidates and advising their handlers what would happen when. Zoë Alexandra kept the candidates to tight time

limits with tried and true coloured cards and her new-fangled iPhone. Tony Bolla moderated the event, which had its moments.

After a brief introductory statement by each of the candidates, a pre-selected panel asked the first round of questions and then it was open to the floor. To say the debate was lively would be an understatement.

The disciplines learned at Toastmasters served MidTown well. As it was, they thank Toastmasters for helping to make the democratic process so much more tangible.

- Thanks to Zoë Alexandra, VPPR MidTown Toastmasters

Ride the Rocket... and Become a Toastmaster?

D60 Toastmasters TTC Ad Campaign Is Coming

"We will be welcoming many new Toastmasters."

A lot of the details have yet to be finalized, but District 60 is almost set to begin a new TTC ad campaign starting January 2012.

The initial goal is for approximately 100 "card" ads in subway cars. A copy of the actual ad will be available in the near future. It will contain the new branding and a special email for people to send their queries to.

Plus, in an effort to "test" the effectiveness of the program, there will soon be announced another initiative to have Toastmaster members take photos of the ad if they see it, and email it to a specified email address so that some member field tracking data can be collected.

Hopefully we will be welcoming many new Toastmasters and perhaps

some new clubs.

Of course, District 60 will be looking for mentors for these new clubs. If you are working towards your ALS award, you will need to fulfill the requirement to serve as a sponsor, mentor or coach. Please send Carol Donohue, Lt. Governor of Marketing (LGM) an e-mail to let her know of your availability, at carol.donohue@yahoo.com.

Quick Club Facts

☑ Area 71 has a new club. Welcome Weston Toastmasters!

☑ The top 3 Division H clubs in the DCP "race" are: Rogers Communicators (7 out of 10 goals), Unity (7/10), and Change Makers (5/10).

☑ Clubs with 1 more goal needed to meet Distinguished status are: Manulife Financial, Celestica, Inspiring Voices, and Toast at Noon.

☑ West Toronto Toastmasters, more recently known as Bloor West Toastmasters, is now...

Annex Toastmasters!

After a shaky start to the year, Annex now boasts over 20 members, and special thanks are due to the tireless efforts of Patrick Williams, CC CL, Club Treasurer (and Area 72 Governor).



Annex Executives: Shahid Quadri (VPPR), Ashley Townley (VPE), Vicky Moskowitz (President), and Nancy Wong (VPM)

Division "H"all of Fame

Congratulations go out to all Division H Toastmasters for their efforts so far this 2011-2012 year. And the Educational Achievements just keep on coming! Here is the Awards list so far...

Area	Award(s)	Name	Club
71	ALB	Powell, Katharine E.	Mohawk
71	LDREXC	Brown, Ellington	Mohawk
71	CC	Johnson, Beverly	Unity
71	CL	Moskowitz, Vicky Lee	Unity
71	CL	Saperghy, Dena	Unity
71	CC	Alarcon, Paul O	Unity
71	ACB	Martin, Robin Lynn	Unity
71	CC	Mason, Cathlena	Unity
71	CL	Livadas, Chris	Unity
72	CC	Emmanuel, Andrew	Brainwave Speakers
73	CC, CL	MacPherson, Debbie Leah	Change Makers
73	CC	Chen, Bin	Change Makers
73	CC	Yu, Bonnie	Manulife Financial
73	CC	Liu, Wei	Manulife Financial
73	CC	Pacheco, Joe	Manulife Financial
73	DTM	Lopez Reyes, Alfredo	Manulife Financial
74	CC	Puskas, Mande	Toast at Noon
74	CC, CL	D'Souza, Isabella S	Toast at Noon
74	CC	Syed, Abid Al	Celestica
74	CC	Cheng, Andrew	Celestica
74	ALS	Wallace, Mary Catherine	Inspiring Voices
74	ACG	Sarkissian, Kris	Inspiring Voices
74	CC	Ginocchio, Galo	Inspiring Voices
75	CC	Greau, Marcel A P	Beaches Speeches
75	CC	Li, Yan	Podium
75	CC	Herrera, Guillermo	Rogers Communicators
75	CC	Rouss, Janet I.	Rogers Communicators
75	CC	Galvao, Luis	Rogers Communicators
75	CC	Rhone, Mureth	Rogers Communicators
75	CC	Buchanan, Norma M	Rogers Communicators
75	CL	Cha, Soojin	Rogers Communicators
75	ALB	Simmie, Monica	Rogers Communicators
75	ACB	Thomas, Patsy	Rogers Communicators

"Educational Achievements just keep on coming."

The Fab Four... Area Governors, That Is

Where we get to know our Area Governors and what they've accomplished...



Elton Brown, ACB CL

Elton Brown, ACB CL, Areas 71 and 74 Governor

Computer genius by day, Toastmaster by night, Elton Brown, ACB CL, has stepped up his game this year by taking on (wait for it)... two Area Governor roles (for Areas 71 & 74) and the Division H Educational

Ambassador role! He also loves to deliver club officer training and is committed to having every officer trained for not only Division H, but for District 60.

Want to try something new?

Elton is always looking for leaders to help him with supporting all of the duties that these roles demand. Reach out to him directly at email address area_71@toastmasters60.org.



Patrick Williams, CC CL

Patrick Williams, CC CL, Area 72 Governor

Patrick Williams has lived and worked in the High Park area for the past twenty years where he operates a successful dog walking and pet sitting service. He loves film, theatre and the spoken word and has been a member of High Park Speakers since November 2009 and presently holds the position of

Club President. He is also a member of Annex Toastmasters, where he serves as Treasurer.

Patrick's noteworthy Toastmasters achievements: CC; CL; coordinated two Youth Leadership Programs in 2011; presented the Toast to the United States at the

D60 Conference.

Busy Patrick is also Current President of the Thistleton Collegiate Alumni Assoc., Past President of radio station CIUT (FM 89.5), and Past President of Trinity Square Video (Video Artists Collective).



Thomas Shen, CC

Thomas Shen, CC, Area 73 Governor

Thomas Shen, CC, is a hard working, dedicated Toastmaster in his capacity of Area 73 Governor. He recently helped to organize the wildly successful "Viva Alfredo Day" at his home club, Manulife Financial, and plans to continue sharing his

excellent project management gifts and skills on other new roles this year. Thomas also conducts highly effective "Treasurer" training during club officer training events!

Just recently, he has volunteered to be Spring

Conference Registration Chair and Division H Spring Contest Chair.

Would you like to volunteer with Conference Registration and/or the Division H Spring Contests? Please email Thomas at area_73@toastmasters60.org.



Marcel Greaux, CC

Marcel Greaux, CC, Area 75 Governor

Marcel Greaux is a member of The Real Estate Investment Network, The Canadian Association of Accredited Mortgage Professionals and, of course, Toastmasters International.

Now that Marcel has

achieved his most noteworthy accomplishment, achieving his CC designation in November, 2011, his next personal Toastmasters goals this year are:

- Continue to service Area 75 clubs as Governor to the best

of his capacity;

- Complete his CL;

- Get on track to complete a speech per month, while he begins his advanced manuals specializing in Storytelling and Persuasive Speaking.

Wish To Lead a Successful Meeting? I PREPARE

Sandy's guide to leading successful meetings and events (I PREPARE):

1. **I**t's not about you – Whatever the event, your goal is that your audience/participants gain something from it.

2. **P**reparation prevents perspiration - Confirm details such as venue, assistants, participants, materials and technology well in advance, and you won't be rushing around last minute.

3. **R**epetition slows respiration - Double and triple check with all concerned to make sure

there are no misunderstandings, and you'll breathe easier.

4. **E**arly birds don't have to eat worms – Arrive at least fifteen minutes earlier than your first expected helper. You'll be organized and can lead everyone else as they arrive.

5. **P**lan for the unexpected – No matter how prepared you are, something will not go according to plan. (Murphy ensures this.) Don't dwell on what's going wrong. Be flexible and creative and find new solutions.

6. **A**lone? Never! – When all hell breaks loose, gather the troops, circle the wagons, and use the team collective to move forward.

7. **R**emember perspective – No matter what happens, keep your sense of humour. The event is only a small portion of your very large life.

8. **E**ducation – Life is for learning. Incorporate what you've learned into step 2 the next time round.

- Sandy Robb, ACB ALB,
Inspiring Voices Club
President and District 60
Secretary

"Preparation prevents perspiration."

Club Showcase Events Galore!

On October 20th, as part of the Division H Fall Contests, Unity Toastmasters hosted the very first "Club Showcase" event, along with Brainwave Speakers, Inspiring Voices, Annex, Bay Bloor, Podium, Manulife Financial & MidTown clubs.

The photo on the right (of Unity executives Chris Livadas, VPPR, Beverly Johnson, President, and Justyna Jablonska, VPM), taken at the event, will be used to promote future Club Showcase events.

The next Club Showcase is January 18, 2012, as part of a Special Toastmasters Open House at Northern District Library, in the Yonge & Eglinton area.

This event includes a District wide Club Showcase (for clubs with 15 members or less), a "Find a Club Near You" table, a "Start a New Club" table, a Demo Meeting with extended Table Topics, and information sessions outlining "How To Become A Member", and "How to Start a New Toastmasters Club".

Unity has over 40 members, but is still participating in this event by taking on several roles during the Demo Meeting portion. MidTown Toastmasters will be part of the Club Showcase, representing Division H.

There's room for one more club to participate! If your club has less than 15 members, and you want to



Unity Executives: Chris Livadas (VPPR), Beverly Johnson (President), and Justyna Jablonska (VPM)

be a part of the Showcase, please contact organizer (and Division B Governor) Allan Madonik for more information at division_b@toastmasters60.org.

Presidents' Corner

Where we get to know some of the presidents around the division...

John Westlake, President, Environmental Speakers



John Westlake

Environmental Speakers are a club consisting of provincial and federal government employees working in the Yonge and St. Clair area. The club is relatively young and in its third year. Like many clubs, the Executive is challenged with growing its club. John continues to think of ways the club can increase its membership numbers. He is backed by a great Executive team who are very dedicated

and help come up with new ways for the club to increase their membership and strengthen the experience for their current members. For example, although they are a corporate club and tend to stick to their lunch hour time slot, this year they have branched out to try after-work social activities. Their first one proved to be an excellent opportunity for the members to get to know

each other more personally.

John joined Toastmasters to enhance his public speaking and leadership skills. He is a new Supervisor in the government and has benefited greatly from his Toastmasters experience by learning how to lead a team. He has also developed greater confidence in thinking on his feet.

Sandy Robb, ACB ALB, President, Inspiring Voices



Sandy Robb, ACB ALB

Sandy Robb, a member of Inspiring Voices since the club chartered in December 2003, is serving in her second year as President. She's proud of Inspiring Voices' tradition of excellence as a President's Distinguished club for the past five years and expects to achieve this status for the 2011-12 year as well.

A reluctant member at first, Sandy joined Toastmasters only

because her lunch buddies were joining, and she didn't want to eat alone. Once she joined Toastmasters, she was one of the first club members to do her icebreaker speech, and from there it's been onward and upward.

An adventurer at heart, Sandy enjoys taking on new challenges. Whether entering contests, mentoring new members, assisting at Toastmasters events, enjoying the

underwater realm or trekking across mountains half way around the world, she greets each experience with enthusiasm, a sense of fun, and a desire to succeed.

Sandy extends a warm welcome to anyone who is in the Don Mills and Eglinton area any Wednesday at noon to join Inspiring Voices as a guest. You may not want to leave!

Presidents' Corner, continued...

Deb MacPherson, CC CL, President, Change Makers

Deb joined Toastmasters in November 2009. She took time exploring a number of clubs in the Toronto area, until she settled with Change Makers. You can imagine her joy when she realized that it was almost like coming home – she had worked with a number of the members before. It also didn't hurt that her first meeting was the Holiday Luncheon!

She started working on her CC & CL with a vengeance, as soon as she realized that all her roles filled over the last year were lost because no one had evaluate her progress. Never again.

Deb took on the role of VP Education with the club in 2011, completed the COT, and started to get involved with the Club Executive. Timing is everything, and the Club President was leaving in August to have a baby. Although they made every effort to find a president, they had no takers in the club. Deb made a compromise, and accepted the role of President.

Deb was extremely pleased to complete both her CC and CL requirements in October 2011, just in time to share with her reporting manager on her Performance

Appraisal for F2011.

Deb's goals for next year:

Personally: Earning a "Triple Crown", which is a SMART goal for her to aspire to. If she achieves her ALB by June, she will have bragging rights to the title, and will still be on track to achieve her ACB by next October!

For the Club: Achieving DCP designation for the year. She feels a vested interest in new member progress and advancement since becoming both VPE then President. She will work to encourage, support, and nurture future COT and DTMs within the Club.



Deb MacPherson, CC CL

Mark D'Atri, President, Celestica

Mark works in environment compliance engineering at Celestica (the company) and was always intrigued by public speaking, although he never thought he would be the kind of person to stand in front of a group and speak if he didn't have to. When Celestica Toastmasters advertised for new members he joined up.

Toastmasters has helped Mark gain confidence and the ability to express his input clearly and precisely when the need arises. This has really helped him as a sports coach, league

convener, and even in his local church group.

It has been a fascinating and rewarding experience, especially watching pro athletes, company executives, and people of different ethnic origins speaking on various life experiences with the same goal in mind: becoming a better speaker than they already are.

Celestica Toastmasters has a large membership base this year, and Mark cites communication amongst new interns at the company as a critical

success factor. Current young, energetic members sell the benefits of Toastmasters to others and it is not long before they want to join.

Mark's advice to new Toastmasters: It may seem tough, especially trying to manage those nerves, but stick with it and it will get easier as your confidence grows.

At Celestica, he has seen nervous beginners work through the majority of CC speeches and blossom to become smooth and polished speakers.



Mark D'Atri



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District 60

Website:

<http://www.toastmasters60.org>

Division H

Website:

<http://www.toastmasters60.org/execdivh.php>

Contact:

Division_H@toastmasters60.org

The **Division "H"erald** is the District 60 Toastmasters Division H Newsletter

Prepared and edited by:

Chris Livadas, CL,
Division H Marketing Ambassador,
VPPR Unity Toastmasters

Additional contributions and editing by:

Vicky Moskowitz, DTM,
Division H Governor

This newsletter was inspired by Vicky Moskowitz as part of the 2011-2012 Division H success plan.

Preparation "H"... What's coming up?

(Also see the D60 Calendar at <http://www.toastmasters60.org/calendarfixed.php>)

- Come join us on **January 18, 2012**, 6-8pm, \$5 at TPL Yonge and Eglinton (40 Orchard View Blvd, 2nd Floor Meeting Room), for the Toastmasters Special Open House Event. Division H is invited to showcase up to 2 clubs! Please let Allan Madonik, Division B Governor (email: division_b@toastmasters60.org) know by January 9, 2012. See the flyer at: <http://goo.gl/r294W>
- Important: If you use FreeToastHost for your website, note the website hosting is changing. Deadline is **February 2012** and action is required. See <http://goo.gl/G4sTQ>
- February 2, 2012**: Art of Effective Evaluation Workshop at New Horizons. See the D60 website, as more information is forthcoming.
- February 22, 2012** (after work) is Club Officer Training Phase 2 for Divisions B, D & H. \$10 at Foresters Conference Centre (789 Don Mills at Eglinton Ave East). There will also be a Mock Contest "Walk thru" for Evaluation and International Speaking Competitions (optional after COT is complete). Can you help? Reach out to Colin Williams: colin.williams@alumni.utoronto.ca
- Spring International Speech & Evaluation Contests are coming up:
 - **February 29, 2012** is the Club Contest deadline.
 - **March 8, 2012** (after work): Area 71 Spring Contests at Calvin Presbyterian Church, 26 Delisle Ave. Can you help? Please reach out to Elton Brown, Area 71 Governor, at: area_71@toastmasters60.org
 - **March 15, 2012**: Area 74 Spring Contests at Foresters (tentative date/location). Can you help? Please reach out to Sandy Robb: srobb@foresters.com
 - **March, 29, 2012** (after work): Division H Spring Contests, \$10 at Castlefield Community Church, 27 Castlefield Ave. Can you help? Please reach out to the organizer, Area 73 Governor Thomas Shen: area_73@toastmasters60.org

Division H Toastmasters Clubs are...

Area 71: Transit, Unity, Environmental Speakers, Weston, and Mohawk.

Area 73: Change Makers, Manulife Financial, U-Toast, and Bay Bloor Speakers.

Area 75: Gavel and Glass, Podium, Beaches Speeches, and Rogers Communicators.

Area 72: MidTown, Deer Park, Ebony, Brainwave Speakers, and Annex.

Area 74: Operations Orators, Toast at Noon, Boreal #1, Celestica, and Inspiring Voices.

For contact information and more about our clubs, visit the Division H Website.

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