



SPIRIT OF 60

Quarterly Newsletter



Mar 2011



Volume 3, Issue 3

Message from the District Governor

Great people, fun, and positive encouragement — what's not to like? We find this environment in our Toastmasters clubs and at Toastmasters events. In our clubs, areas, divisions and district, we are on the move past the mid year point in this Toastmasters year. Let's finish the year strong building on the successes from the first part of this year.



Randie Jacobs, DTM
District 60 Governor

I would like to extend special congratulations out to Al Bandlé from Toronto #1 Toastmasters who has been a member of Toastmasters for 50 years! Yes, this is not a typo—50 years! Al will be our guest at the Sunday Brunch at the Spring Conference where he will be presented with a special plaque from District 60, presented by myself and Pat Johnson, the International President of Toastmasters International.

Happy spring everybody.

Randie Jacobs, DTM
District 60 Governor

Spring is a time of great energy and growth. Let's spring forward with great speeches and fun club meetings.



Discover the "Hero in You"

**District 60
Spring Conference**
April 8–10, 2011
Airport Crowne Plaza
Hotel
Toronto, Ontario



*"To the world you may be
just one person, but to one
person you may be the
world."*

Brandi Snyder



Lieutenant Governor Education & Training

Phyrne Parker, DTM



Phyrne Parker, DTM

How is this Toastmasters year going for you? Have you met your goals yet? Did you set goals for yourself last July? The Vice President Education of one of my clubs led a goal-setting session last summer. He had each of us write down not only our goals for the year but our reasons for joining that specific club and our aspirations. He collected those forms from us at the end of the workshop and we now have quarterly goals reviews where they are returned to us to check our progress, modify what we need to and even add new goals if appropriate. Talk about keeping us all on track!

What are you doing in your club to ensure your members' goals can be met? It's one thing to encourage members to set goals for themselves but are there impediments in the way of them accomplishing those goals? For example, if a member wants to achieve their CC but cannot get enough speaking spots to get there, what are you doing to help? One strategy is to let the member know s/he can visit another club and speak there. While your club members may struggle to find speaker spots, there are other clubs that struggle to find enough speakers for the available spots. Let's get those clubs together to satisfy everyone's needs.

At this time of year, as we fulfill all our obligations to our clubs and our district for this Toastmasters year, we also have an eye on the year-end. As this is being written, we are in the middle of Area Contest season and in a few days, the Division Contests will begin. All our contestants of course have their eye on the big prize, the District stage at the Spring Conference, and in the case of the International Speech Contest, the Convention stage in Las Vegas in August. My sincere congratulations to everyone who has competed thus far and the very best of wishes as you go forward.

Many of our corporate clubs struggle with attendance. It's hard in down-sized companies, where more work is being done by fewer people, to find the time to get away to our Toastmasters meeting. Before I retired, I always regarded my noon Wednesday meeting as an oasis in the middle of the madness that was my work life. I was lucky I guess in that I had enough control over my personal calendar to make the meetings each week. But I believe there's another factor at play: commitment. If we are truly committed to the learning and personal development opportunities Toastmasters offers us, then will we gain enough control over our work lives and personal calendars to somehow make it to our meetings? I cannot answer that for you; you need to answer for yourselves but would you agree it bears thinking about?

Whatever our personal goals, whatever our level of commitment, with 3 ½ months left to go in this Toastmasters year, let's plan to finish strong and truly EXPERIENCE SUCCESS!

Phyrne Parker, DTM



Lieutenant Governor Marketing

Ross Mackay, DTM, AS

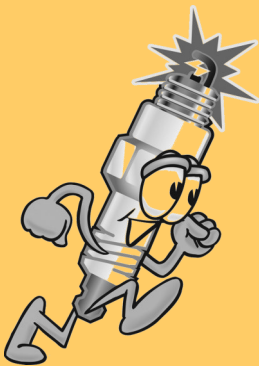


Hello District 60 Toastmasters,

Ross Mackay, DTM, AS
Lt. Governor Marketing

At the recent Appreciation Brunch attended by many of the movers and shakers of District 60, I had the distinct honour of presenting these 5 people with their Spark Plus Award t-shirts for being the driving influence in starting a new Toastmasters Club last month. It is exciting to realise that this is going to happen again for March, April and May. This represents an exciting future for District 60 with so many new members learning new skills in communication and leadership.

We still need to improve the Toastmaster experience in many of our existing clubs with the Go Green program, and we need more Club Coaches and Growth Coaches. I look forward to hearing from you as we move forward together to make District 60 the place to grow as a Toastmaster and as an individual.



Yours in Toastmasters

Ross Mackay, DTM, AS
Lt. Governor Marketing





Immediate Past District 60 Governor Michelle Rich, DTM



Do you remember why you joined Toastmasters? Challenges, growth and fun are three words I associate with Toastmasters. One way to challenge ourselves is to step outside our comfort zone and try something new.

Have you wondered what to do after the Club President role? Why not complete your Advanced Leader Silver and take a District Leadership role in 2011/2012? Nominations for 2011/2012 are now open: Dec 15, 2010 - Feb. 15, 2011. Send nomination forms and agreements to Mrichd60@gmail.com or nominations@toastmasters60.org.

Michelle Rich, DTM, IPDG

District 60 traditionally elects the LGM to LGET and LGET to DG leaving the remaining roles to be filled.

Lieutenant Governor Marketing

Public Relations Officer

Division A, B, C, D, E, F, G Governor

A number of roles are also appointed by the incoming District Governor including District Secretary, Treasurer and Area Governors. These appointments will be announced after the elections on April 9th.

What are the advantages to filling a District Role, you ask?

Features Benefits Value to the Individual Value to the Organization

Opportunities to lead teams, developing leadership skills

Leadership growth

Opportunities to conduct meetings

Develop critical thinking

Develop presentation delivery

Ongoing experience

Overcoming fears

Thinking quickly

Listening skills

Constructive feedback

Ease in front of a group

Time management skills

Self-confidence and poise

Unlimited personal growth

Skill reinforcement

Relationship building

Increased opportunities for presenting and speaking – develops your speaking skills



Take advantage of the many opportunities Toastmasters has to offer and run for office. You'll be glad you did!

Whatever your holiday traditions, have a safe and happy holiday season!

Michelle Rich, DTM, IPDG

DID YOU KNOW?

Clubs that setup as 'semi-annual', need to enter their Club Officer lists on-line before midnight Dec. 15th

The Toastmasters International website will be off-line Dec. 16th – Jan. 3 for system replacement. Look for more content and improvements!

If you miss the Dec. 15th deadline you can submit Jan 4 up to Jan. 14, 2011.



Public Relations Officer George Balana, ACG, ALB



This time I would like to launch a new “Table Topics” theme for the D 60, let’s name it “Meet Our Clubs”. Since I was the guest to quite a few clubs in our District, I realized that each and every club is different, but what glues us together is the passion for communication and the willingness to help each other to become better. Without further ado, I will leave Nichole Bernard, the President of Toasters@ADP Toastmasters Club, to introduce us to their club:

Toastmasters@ADP Toastmasters Club

We have been around since 2005 chartered in 2006 and the club dwindled to a mere 6 members.

We did a 5th year anniversary celebration on July 14th (see picture attached) with our Division G Governor Dawn Frail as our guest speaker and we gained 22 new members since that date.

We received the Ralph Smedley Award, Quick Startup Award (from D60) and the Outstanding Initiative Pin for 5 or more members referred.



Here are the pictures from our Nov 17th New Member Induction Ceremony.

President Nichole Bernard, VP Ed Glenn Ko, VP Membership Mehdi Bucktowar, VP PR Patsy Fifi, Claire Sampath, Neeru Padroo, Leslie Lan and Tai N’goma (2nd Row) Chartered Member Iris linton, Kornelia Bocarro, Natalie McMahon, Chartered Member Georgia Brown

Group shot (2) left to right



President Nichole Bernard, VP Ed Glenn Ko, Peppi Dimitropoulos, Secretary Deepinder Bassi, Nancy Cheesman, Tracey Weeks, Karen White, Treasurer Janet Grossett

(2nd row) SAA Elaine Paino, Elsa Rodriques, Neelam Khairullah

(Not in picture but new member)

Abdul Gafur, Tania Krishlow, Ruby Kami and Purification (Ping) Magundayao

Do you want to meet more clubs and their members ? Join our District 60 Spring Conference 2011, April 8 to 10, and introduce yourself to other members ! Do you want to feature your club in our District Newsletter ? Please send me your club’s accomplishments and your club pictures, I would be glad to use them in our next column.



And by the way, because it is still March, when we celebrate International Women’s day, let’s give all a round of applauses and a spring flower to all our women members !



George Balana, ACG, ALB

International Women’s Day

Upcoming Events: April – May 2011 WOW! Open House Contest

Are you a proud member of your club and want to have a win-win ? Upcoming **WOW! Open House** contest is your next chance—win more members and more **PIZZA** ! Details to be send out soon—check your e-mails and district web site for the flayer. Last year we had a record number of 19 Clubs participating in the contest - way to go District 60 ! This means we had more than 10% of our clubs involved !

Below are the clubs registered with us in the past contest - applauses for their leadership, and . . . Can we have even more clubs participating this time ?

Speech and Leadership UofT,

Drew Toastmasters,

P&G Toastmasters,

Bowmanville Toastmasters,

Trinity Toastmasters,

Toronto #1,

Environmental Speakers,

Sunlife Speakers

Sick Kids Toastmasters

Connected Speaking

LCBO Toastmasters

Spotlight Speakers

Bay and Adelaide Speakers

Toronto Go Getters

West Mall Toastmasters

Forward Signs

Ajax Pickering Toastmasters

Toastmasters @ TD

APO Toastmasters



OPEN HOUSE



Toastmasters Membership Building Campaigns!

Feb. 1st-March 31st

“Talk up Toastmasters!”

May 1st-June 30th

“Beat the Clock”

Toastmasters Individual and club Membership Recognition Program - please contact Phyrne Parker for details!



SPRING DISTRICT 60 CONFERENCE HIGHLIGHTS . . .

Meet Toastmasters International President Pat Johnson, DTM, she's the fifth female TI International President but more importantly, the first CANADIAN female TI International President; Exciting international speech & evaluation contests



Wall of Heroes - bring a photograph of your hero and add it to our Spring Conference Wall of Heroes; District 60 business meeting and election; Insightful workshops, Communication & Leadership Award Luncheon, Distinguished Toastmaster Awards ceremony

Inspiring Sunday brunch, District Governor's Ball

***** No on-site registrations *****

Want to be a Conference "Hero"?

If you'd like to discover the hero in you, volunteer to be a Spring Conference Committee Hero, contact your Spring Conference Chair, Stephanie von Barga at : conferencechair@d60conference.



Together, we can inspire each other to be someone's hero, there's nothing more rewarding!

*Have you registered for the
District 60 Spring Conference yet?
What do you mean “no” !?!*

*You don't want to miss out on this A-M-A-Z-I-N-G
opportunity to*



Discover the “Hero in You !”

**April 8 - 10th 2011,
Airport Crowne Plaza Hotel, Toronto, Ontario**

Single event and partial registrations are now being accepted!

Final registration closes soon, hurry up !

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articles, photos to our newsletter
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- Visit the D60 website by clicking www.toastmasters60.org -